

Figure 16.12 This close-up of anise (*Pimpinella anisum*) shows the typical umbel flower buds that, once in bloom, provide large amounts of nectar to beneficial insects.



Figure 18.11 A mullein flower stalk blooms over many months and adds a wonderful accent to any flower border. Picked in early morning, mullein flowers (*Verbascum* sp.) are quite tasty. Keep them fresh in a vegetable crisper and add them to a lunch or dinner salad for a colorful highlight.



Figure 18.12 The blossoms of pineapple guava (*Feijoa sellowiana*) are my favorite edible flowers. The petals are soft and succulent, and their flavor is a harbinger of the delightful tropical fruit.

