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FRESH FOOD FROM SMALL SPACES

Calling all urban and suburbanites, city-dwellers, and every gardener surrounded by pavement! You have found the first, comprehensive, how-to guide for growing fresh food with limited space. Free space for a city gardener might be no more than a cramped patio, balcony, rooftop, windowsill, hanging rafter, dark cabinet, garage, or storage area, but this book reveals that no space is too small or too dark to grow your own food. Here are a few suggestions:

- container tomatoes
- closet-grown mushrooms
- kitchen counter sprout gardens
- low-light berries
- trellis-grown pear trees
- fermentation! make your own yogurt
- mobile chicken coops
- concrete compost beds

Fresh Food from Small Spaces will transform city gardening. Author, R.J. Ruppenthal guides the reader with practical and fun tips on how to create the best food system for their living space. Through assessment of lighting, empty spaces, growing containers, and techniques to keep a garden happy, his book transforms a home into an environment where it's possible for a person to produce up to 20 percent of their own fresh food.

Sustainability is for everyone, and R.J. Ruppenthal gives us the confidence and know-how to raise our own food with little to no yard.

“Highly recommended.” *–Library Journal*

“Ruppenthal has seen the future of city gardening and I like it! Fresh herbs on every windowsill. Pole beans on every balcony. Beehives with honey on every rooftop. And tasty shitakes in every garage.”
–William Moss, National Gardening Association



A licensed attorney and college professor, R.J. Ruppenthal has never given up on his gardening passion, even when his day jobs led him to a more urban life. He currently teaches at Evergreen Valley College in San Jose, California, and lives and gardens in the San Francisco Bay area.

